

BUILD YOUR OWN BOWL

BASE

pick one or blend of two (base 13.00)

Kale- Spinach- Romaine mix
healthy green mix (kale & spinach)
Lentils- Rice- Beans

CHEESE

PICK ONE

feta- cheddar- parmesan- monterey jack- mozzarella
queso fresca - blue cheese - goat cheese - vegan cheese(1.50)

PROTEINS

chicken 6- turkey meat balls 6 - harissa chicken 7
steak 8- shrimp 7- tuna 7
roasted veggies 5- marinated tofu 7

TOP IT

PICK FOUR (ADDITIONAL ADD \$1.00 EACH)

red onions- roasted corn- roasted jalapeños- chickpeas- mushrooms- romas
chopped pepperoncinis- pickled red onions- hummus- roasted sweet potato
pineapple- grapes- roasted veggies- avocado- carrots- green peppers
banana peppers, cucumber salad- grilled pineapple relish

CRUNCH IT

PICK ONE (ADDITIONAL ADD 2.00 EACH)

croutons- candied spicy pecans
sunflower seeds- dried cranberries

SAUCE IT

PICK ONE (ADDITIONAL ADD 1.50 EACH)

ranch- poppyseed- blue cheese- italian- garlic aioli- ginger aioli
harissa vingerette -caesar- balsamic vinegerette- avacodo aioli
chipolte cream -salsa verde

SALADS

HOUSE SALAD

mixed greens, cherry tomatoes, grapes, red onion, parmesan cheese, and homemade Italian dressing 11

CAESAR

romaine, parmesan cheese and buttered croutons with homemade Caesar dressing 12

FELLINI

mixed greens, feta cheese, June peas, crispy prosciutto, cherry tomatoes, scallions and homemade Italian dressing 12

GODFATHER

mixed greens with parmesan, feta, sliced pepperoncini, banana peppers, prosciutto, buttered croutons 13

ADD



CHICKEN 6 | HARISSA CHICKEN 7
SHRIMP 7 | TUNA*7 | TOFU 6
STEAK 8

BOWLS

POKE

rice, tuna, cukes, carrots, avocado, roasted corn, sesame seeds, avocado aioli swirl 16.99

SEDONA

lentils, black beans, romas, jalapeños, corn, avocado, chick peas, garlic aioli swirl 12

BUFFALO GAL

lentils, carrots, roasted sweet potatoes, pickled onions, avocado, buffalo sauce swirl 12

BIZTEC BOWL

rice, black beans, steak, tomato, onions, corn, avocado, salsa verde, cilantro, queso fresco 19.99

MEGA

PIZZA

SLICES

pepperoni| sausage| beef| ham
bacon| chorizo| chicken| anchovies

red onion| green peppers | mushrooms | roasted red peppers| garlic

spinach| black olives | fresh basil|roma tomatoes | chopped pepperoncini jalapeños

banana peppers | pineapple |cheddar| parmesan| monterey jack feta| extra mozzarella
queso fresco| blue cheese

ROADIE SPECIAL

2 LARGE SLICES

WITH ONE TOPPING &

16 OZ FOUNTAIN DRINK 12.99

ANY ADDITIONAL TOPPINGS + 1.00

