

LA FOGATA

Authentic Mexican Food

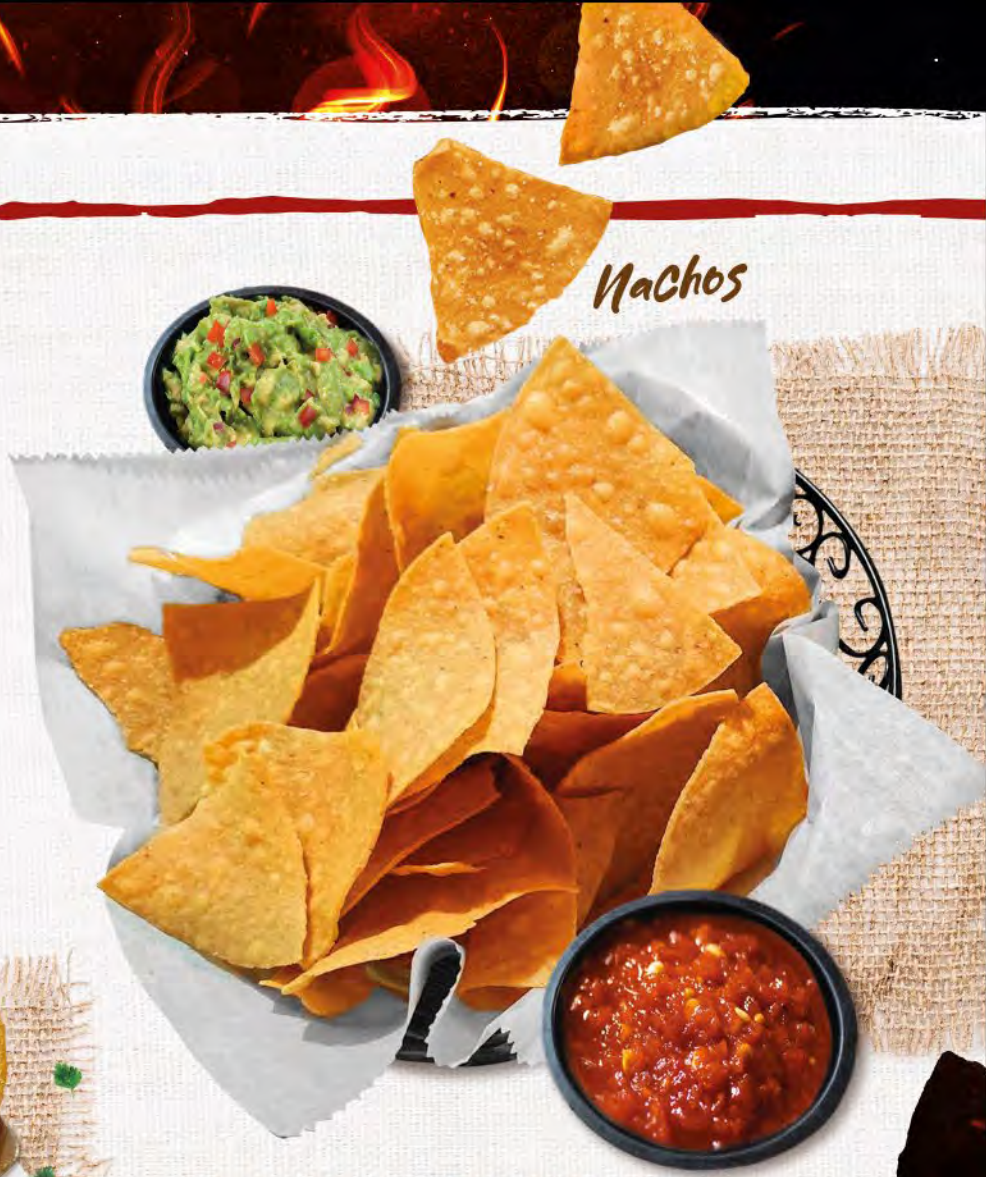


4933 S. CROATAN HWY.
NAGS HEAD, NC 27959
(252) 441-4179

41934 NC HWY 12
AVON, NC 27915
(252) 986-1118

Appetizers

- Bean Dip **6.00**
- Nachos with Beef & Beans **10.95**
- Nachos with Chicken **10.95**
- Nachos Cheese **8.95**
- Nachos with Beans **9.95**
- Nachos with Beef **10.95**
- Cheese Quesadilla (One) **4.50**
- Chorizo **6.95**
- Cheese Dip
 - Small 4 oz. **4.95** • Large 8 oz. **8.95**
- Guacamole Dip
 - Small 4 oz. **4.95** • Large 8 oz. **8.95**
- Stuffed Jalapeño Peppers **7.25**
Five cheese stuffed jalapeño peppers.



Nachos



Birria Tacos

Cheese Dip

Side Orders

- Cheese Quesadillas (Two) **8.95**
- Enchiladas (Three) **9.50**
Choice of: Chicken • Beef • Cheese
- Tacos (Three) **8.50**
Choice of: Chicken • Beef • Cheese
- Burritos (Two) **9.95**
Choice of: Chicken • Beef • Cheese
- Chicken Tamales (Three) **11.95**
- Cheese Chiles Rellenos (Three) **11.95**
- Soft Tacos (Three) **10.50**
Choice of: Chicken • Beef

A la Carte

- | | | |
|---|--|---|
| Soft Taco 4.05
Choice: Chicken • Beef | Enchilada 3.15
Choice: Chicken • Beef • Cheese | Burrito 5.95
Choice: Chicken • Beef |
| Sour Cream 1.75 | Mexican Rice 3.95 | Chicken Quesadilla 8.95 |
| Taco 3.15
Choice: Chicken • Beef | Chile Relleno 4.95 | Beef Tips Quesadilla 8.95 |
| Refried Beans 3.95 | Chicken Tamale 4.50 | Fajitas Quesadilla 10.95 |
| | Flour Tortillas (Two) 1.15 | Cheesy Rice 6.95 |



Please enjoy first basket of chips and salsa with our compliments.
Additional baskets of chips and salsa **2.95**.

*THESE ITEMS MAY BE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.



Lunch Time at LA FOGATA

Served 11:00 a.m. to 2:30 p.m.
Monday through Saturday only.

Substitutes for soft tacos add \$0.50
Substitute cheese sauce add \$1.00



Speedy González

Special Lunch #1. 11.95

Cheese chile relleno, taco, beans and guacamole salad.

Special Lunch #2. 10.95

One beef burrito, rice and beans.

Special Lunch #3. 10.95

One beef burrito, one beef taco and rice.

Special Lunch #4. 10.95

Cheese chile relleno, rice and beans.

Special Lunch #5. 10.95

Beef enchilada, rice and beans.

Special Lunch #6. 10.95

Beef burrito, enchilada, lettuce, sour cream and tomatoes.

Special Lunch #7. 10.95

One soft or fried chimichanga with beef tips or chicken, beans, lettuce, sour cream and tomatoes.

Special Lunch #8. 11.95

Fajitas lunch-beef or chicken with bell peppers, onions, sour cream, beans, tomatoes and two flour tortillas.

Huevos Rancheros 10.95

Two eggs over easy topped with ranchero sauce, served with rice, beans and two flour tortillas.

Huevos con Chorizo 10.95

Two scrambled eggs with Mexican sausage, served with beans, rice and two flour tortillas.

Speedy González 9.95

One beef taco, one enchilada and your choice of rice or beans.

Burritos

Burritos Deluxe 13.95

Two burritos, one chicken and beans, one beef and beans. Topped with lettuce, tomatoes and sour cream.

*Burritos Mexicanos 13.95

Two burritos, stuffed with beans and beef tips topped with cheese and red sauce, lettuce, tomatoes and sour cream.

Burrito Acapulco 11.95

One burrito, chicken and beans, topped with red sauce, lettuce, tomatoes, sour cream and cheese. Served with a side order of rice.

*Burrito Special 10.95

One beef and bean burrito, topped with cheese, lettuce, tomatoes and sour cream.

*Burrito Jalisco

Large burrito with beans and your choice of protein, topped with cheese sauce, served with lettuce, pico de gallo, shredded cheese, sour cream and Mexican rice.

• Steak 15.95

• Shrimp 16.95

• Chicken 15.95

• Pork 15.95

• Pastor 15.95

Quesadillas

Quesadilla Rellena 12.95

A flour tortilla grilled and stuffed with cheese, beef tips or chicken and beans. Served with lettuce, tomatoes, sour cream, and pico de gallo.

Quesadilla Margarita 15.50

A flour tortilla grilled and stuffed with beef steak, cheese, onions, chorizo and beans. Served with lettuce, tomatoes, sour cream, and rice.



Lunch Time • Burritos
Quesadillas

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Special Dinners

*Special La Casa 14.95

Tender sliced beef and chicken with cactus, onions, beans and two flour tortillas.

Grande Special (One of each) 17.95

Chalupa, chile relleno, enchilada, burrito, beef taco, rice and beans.

✓ Mole Poblano 13.95

Shredded chicken breast with special dark sauce and guacamole salad, served with rice and two flour tortillas.

Mole Ranchero 13.95

Shredded chicken breast with a red mole sauce, two flour tortillas and guacamole salad, served with rice.

Chimichangas

Soft or fried Two flour tortillas, with your choice of beef tips, chicken or shrimp, topped with cheese dip, lettuce, tomatoes, sour cream and guacamole. Served with beans.

• Chicken or Beef 14.95 • Shrimp 16.50

Taquitos Mexicanos (4) 13.25

Two beef, two chicken, served with lettuce, guacamole, tomatoes and sour cream.

Cancún 12.95

One chicken burrito, one chicken enchilada, topped with lettuce, tomatoes, sour cream and grated cheese.

Carnitas 14.95

Fried pork tips served with beans, rice, pico de gallo on the side and two flour tortillas.



Guadalajara Special 13.95

Tamale, two taquitos Mexicanos (beef), chicken, beans, rice, lettuce, guacamole, sour cream and tomatoes.

✓ Chilaquiles 14.25

Tortilla chips, cooked with Ranchero sauce, topped with melted cheese and chicken, served with rice, lettuce, guacamole and tomatoes.

Nachos Supreme 14.25

Cheese nachos with assorted toppings, consisting of ground beef, shredded chicken and beans, all covered with shredded lettuce, tomatoes and sour cream.

Nachos Fajitas 14.95

Grilled chicken or steak with onions and bell peppers over cheese nachos.

ACP 13.95

Grilled chicken served over rice and topped with cheese dip.

• Steak 14.95 • Shrimp 15.50

Milanesa 20.95

Breaded thinly sliced beef or chicken and fried with rice and cucumber tomato salsa.

Tacos

Tacos al Pastor (3 Tacos) 14.75

Pork meat marinated in a special recipe, then grilled with or without pineapple, served with beans, chopped onions and cilantro on the side.

Tacos de Birria 15.95

Three shredded beef tacos with onions, cilantro and consome. Served with rice.

Tacos de Carne Asada (3) 14.95

Three soft flour tacos, served with beans, fresh cilantro and onions.

Fish Tacos 14.95

(3) Grilled tilapia served on a flour tortilla with rice, salad, and pico de gallo on the side.

Shrimp Tacos 15.95

(3) Grilled shrimp tacos on a soft flour or corn tortilla served with rice and pico de gallo on the side.



A.C.P.



Taquitos Mexicanos

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Special Dinners

Fajitas

Fajitas del Mar

Fajitas 18.95

Tender sliced beef or chicken, grilled with bell peppers, onions and tomatoes, served with guacamole salad, sour cream, beans, rice, & two flour tortillas. For two **27.00**

Fajitas Rancheras (Regular or hot) 19.95

Tender sliced beef, chicken and mushrooms, grilled with bell peppers, onions & tomatoes. Served with rice, beans, guacamole salad, with sour cream, and two flour tortillas. For two **28.95**

Texas Fajitas (Regular or Hot) 19.95

Tender beef, chicken and shrimp grilled with bell peppers, onions and tomatoes. Served with rice and beans, guacamole salad, sour cream and two flour tortillas. For two **28.95**



Fajitas del Mar 21.95

Grilled shrimp with onions, tomatoes and bell peppers, guacamole salad, with sour cream and two flour tortillas. Served with rice and beans.

For two **31.95**

Enchiladas

Enchilada Supreme 13.95

For the enchilada lovers! One chicken, one beef, beans, one cheese. Topped with lettuce, tomatoes and sour cream.



Enchiladas Poblanas

Enchiladas Rancheras 13.95

Two cheese enchiladas topped with chicken, with guacamole salad and rice.

Yolandas 13.95

Three chicken enchiladas, rice, lettuce, sour cream and tomatoes.

Enchiladas Poblanas 13.95

Three chicken enchiladas with special dark sauce. Topped with onions and grated cheese, served with rice.

Shrimp Enchiladas 16.95

Three shrimp enchiladas with rice. Topped with lettuce, sour cream and tomatoes.

From the Grill

Pollo Loco 17.95

Two grilled chicken breast, topped with grilled onions, served with guacamole salad, rice and two flour tortillas.

Chori Pollo 18.95

Two grilled chicken breast, topped with grilled chorizo & cheese dip, served with rice and guacamole salad.

Parrillada 18.95

Grilled beef, chicken, pork & onions. Served with rice & beans on the side & two flour tortillas.



Chori Pollo

Quesadilla Ranchera 14.95

Grilled shredded beef with bell peppers and onions. Served with rice, lettuce, sour cream, and tomatoes.

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Steak

La Fogata 20.95

T-Bone steak grilled with onions, bell peppers and tomatoes. Served with rice, beans and two flour tortillas.

Beef Steak Ranchero 20.95

T-Bone steak topped with hot ranchero sauce, served with beans, rice and two flour tortillas.

Beef Steak a la Tampiqueña 20.95

T-Bone steak, served with rice, beans, and two flour tortillas.

Carne Asada 18.95

Tender grilled skirt steak grilled with onions. Served with rice, beans and two flour tortillas.



Carne Asada

Taco Salads

Taco Salad 13.50

A crisp flour tortilla filled with ground beef, beans, lettuce, tomato, sour cream, grated cheese. • Add guacamole. 1.50

Taco Loco 13.50

A crisp flour tortilla, filled with chicken, ground beef and beans, topped with lettuce, cheese, sour cream and tomato. • Add guacamole. 1.50

Fajita Salad 14.25

Fresh garden salad topped with your choice of fajita meat (steak or chicken), sautéed green peppers and onions, garnished with cheese, avocado and tomato, served with your choice of dressing.

• Shrimp 15.25

Seafood

Mojarra 18.95

Whole fried tilapia fish. Served with rice, salad on the side and two flour tortillas.

Cocktail de Camarón 16.95

Shrimp cocktail with pico de gallo, sliced avocado and crackers on the side.

Camarones a la Diabla 19.95

spicy shrimp sautéed in a chipotle sauce, served with rice, salad and tortillas.

Quesadilla del Mar 15.95

A flour tortilla, grilled shrimp onions, bell peppers, with cheese, and beans, served with rice, lettuce, guacamole, tomato, and sour cream.

Ceviche 17.95

Shrimp ceviche Jalisco style.

Baja Fish 18.95

Two tilapia filets, with grilled shrimp served with rice, guacamole salad, and pico de gallo.

Mar y Pollo 20.25

Grilled chicken breast and shrimp topped with cheese. Served with rice, lettuce, guacamole, tomatoes and tortillas.

Tierra y Mar 20.25

Grilled skirt steak and shrimp, garnished with green onions, roasted jalapeños. Served with refried beans, lettuce, avocado slices and tortillas.

Camarones Empanizados 21.95

Fried breaded shrimp served with rice, lettuce and pico de gallo.

Camarón con Habanero 21.95

Grilled shrimp sautéed with habanero sauce and served with rice, lettuce and avocado.

Tierra y Mar



Quesadilla Del Mar

Camarones Al Mojo De Ajo 21.95

Grilled shrimp cooked with garlic and butter sauce seasoned with fresh lime. Served with rice, lettuce, and avocado.

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Combinations

12.95

Substitute for soft tacos add \$0.50
Substitute cheese sauce add \$2.00

1. One taco, two enchiladas and rice
2. One taco, one enchilada and one beef tostada
3. One enchilada, one taco, one chile relleno and rice
4. Two tacos, one enchilada and chile con queso
5. Two beef enchiladas, rice and beans
6. One beef enchilada, one taco, rice and beans
7. One enchilada, chile relleno, rice and beans
8. One enchilada, one tamale, rice and beans
9. One enchilada, one beef tostada and one quesadilla
10. Two beef tacos, rice and beans
11. One beef burrito, one taco and one enchilada
12. One beef tostada, one chile relleno and beans
13. One enchilada, one beef burrito and one chile relleno
14. One taco, one chile relleno and one beef tostada
15. One beef burrito, one enchilada and a tamale
16. One beef tostada, one chile relleno and one beef burrito
17. One burrito, one enchilada, rice and beans
18. One beef tostada, one chile relleno and one enchilada
19. One beef tostada, one beef burrito and one enchilada
20. One chile relleno, one taco, rice and beans
21. One taco, one burrito and one beef tostada
22. One burrito, one chile relleno and one taco
23. One taco, one beef burrito, rice and beans
24. One beef burrito, one chile relleno and rice
25. One burrito, one tamale, rice and beans
26. One burrito, one quesadilla and one chile relleno



Combination 23



9.95

- A. One burrito and one taco
- B. One beef taco, rice and beans
- C. One enchilada, one cheese quesadilla and rice
- D. Chicken nuggets and french fries

Served to children under 8 years old.

Vegetarian Dishes

12.95

1. One bean burrito, one cheese enchilada and one tostada
2. One bean tostada, one cheese enchilada and beans
3. One bean burrito, one quesadilla and one bean tostada
4. One bean tostada, one cheese enchilada and rice
5. Two cheese enchiladas, beans and rice
6. Quesadilla-Flour tortilla stuffed with beans, cheese, mushrooms, side of lettuce, sour cream, and tomatoes
7. One bean tostada, one quesadilla, one cheese enchilada and one chile relleno
8. One chile relleno, one cheese enchilada and rice and beans
9. Spinach quesadilla with cheese, served with salad

WE PREPARE YOUR FOOD FRESH DAILY. PLEASE ALLOW AMPLE TIME FOR US TO PREPARE YOUR FOOD RIGHT.

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Desserts

- Mexican Fried Ice Cream
- Sopapillas
- Flan (Mexican Custard)
- Churros
- Cheese Cake Burrito



Soft Drinks 3.15

No refills on take out drinks.

- Coke • Diet Coke • Sprite • Orange Fanta • Mr. Pibb
- Lemonade • Iced Tea • Coffee
- Jarritos (Bottled) all flavors
- Root Beer (Bottled)
- Mexican Bottled Sodas 3.50
- Aguas Frescas
- Horchata • Tamarindo • Jamaica

Beer

Imported Beer 5.75

- Corona • Corona Light
- Modelo Especial,
- Negra Modelo • Sol • Tecate
- Dos Equis Special Lager
- Dos Equis Amber • Pacífico
- Victoria • Heineken

Domestic Beer 4.75

- Miller Lite • Michelob Ultra
- Bud • Bud Light
- Coors Light

Draft Beer

- 12 Oz. 4.50
- 22 Oz. 6.25

Tequilas

Patrón Silver	9.95
Patrón Reposado	10.95
Corralejo	7.95
Hornitos	6.95
Hornitos Conmemorativo	8.25
Cazadores	7.25
Sauza	6.25
Don Julio	9.95
Don Julio Reposado	10.95
Luna Azul	6.95
Herradura	7.95
Tres Agaves	6.95
Corazón Blanco	7.95
Cuervo	6.95
Cuervo 1800	7.95
Tres Generaciones	9.95
Mezcal	7.50

Margaritaville

Margarita 12 oz.	9.95
Grande Margarita 18 oz.	11.95
Texas Margarita 12 oz.	10.95
Gold Tequila and Grand Gala.	
Grande Texas Margarita 18 oz.	14.95
Gold Tequila and Grand Gala.	
Spicy Margarita 12 oz.	11.95
Cadillac Margarita 12 oz.	13.95
Cuervo Gold and Grand Marnier.	
Grande Cadillac Margarita 18 oz.	17.95
Cuervo Gold and Grand Marnier.	
	12 oz. 18 oz.
Patrón Margarita	14.95 20.95
Don Julio Margarita	14.95 20.95
Hornitos Margarita	11.95 16.95
Tres Generaciones	14.95 20.95

Your Favorite Mixed Drinks 9.95

White Russian	Tequila Sunrise
Black Russian	Vodka Tonic
Bloody Mary	Long Island Iced Tea
Frozen Daiquiri	
Fuzzy Navel	Paloma 9.95
Cuba Libre	Mexican mixed drink, tequila based with grapefruit soda and lime juice.
Screwdriver	• Traditional
B-52 Shot	• Pineapple
	• Pomegranate

Wine List

6.00 Glass

White Zinfandel	Sangría
Chablis	Chardonnay
Merlot	Pinot Grigio
Burgundy	Cabernet



Desserts • Soft Drinks
Drinks