

SOUPS, SALADS & STARTERS

★ ★ ★

LUNCH SERVED ANYTIME!

BLT SALAD greens topped with crisp bacon, boiled eggs, shredded cheese and croutons, served with fresh vegetables with your choice of dressing 10.99

CHEF'S SALAD a generous portion of mixed salad greens topped with lean ham, turkey and shredded cheese, served with fresh vegetables, boiled eggs, with your choice of dressing 10.99

HOUSE SALAD crisp, mixed salad greens with fresh vegetables and your favorite dressing 5.99

HOMEMADE SOUP OF THE DAY ask about our featured soup bowl 4.29

HATTERAS STYLE CLAM CHOWDER delicious and homemade with the freshest ingredients available ~ a great choice cup 4.59 bowl 5.59

FUNNEL CAKE FRIES crisp cake-like fries dusted with powdered sugar 5.99

ONION RINGS a generous portion of thick cut, sweet onions dipped in a delicious beer batter and fried golden 7.99

MOZZARELLA STICKS mozzarella cheese sticks wrapped in an Italian seasoned breading, fried and served with marinara sauce 6.99

★ ★ ★ GRITS GRILL FAVORITES

Served with crinkle cut fries and slaw.

POPCORN SHRIMP just pop 'em in your mouth! crispy breaded, bite size pieces of shrimp served with cocktail sauce 12.99

CHICKEN TENDERS tender strips of chicken breast meat lightly breaded and fried to a delicious golden brown, served with bbq sauce or honey mustard 9.99

KID'S MENU Served with French fries (10 and under only please)

HAMBURGER 6.99 with cheese add 1.49

GRILLED CHEESE 5.59

CHICKEN TENDERS 6.99

HOT DOG 4.99



ed. 5-22



WELCOME TO GRITS GRILL

Outer Banks Mall, North Wing
Nags Head, North Carolina
252-449-2888

All of us at Grits Grill and the Pritchard family would like to welcome you ~ we're glad you chose us... whether this is your first time with us or a part of our extended family, it is important to us that each visit is as good as the last. We would also like to invite you to visit our sister restaurant "The Dunes," located at mile post 16. The Dunes serves breakfast and dinner and has been a Nags Head tradition since 1983.

Thanks for coming, please come to visit us again soon and bring your friends!

ONSITE CATERING

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BOOK YOUR NEXT PARTY AT GRITS GRILL

birthdays ~ weddings ~ anniversaries ~ class reunions ~ graduations or any special event... whatever the occasion, Grits Grill can accommodate your party up to 80 people comfortably, day or night.

BREAKFAST OR LUNCH SERVED ANYTIME
~ TO-GO ORDERS WELCOME ~

★ ★ ★ GRITS GRILL TO GO

Had a hectic day? Headed to the beach? Or having a group of friends over? Whatever your needs are, let us do the cooking for you... from fried chicken, homemade chicken salad, bbq, cole slaw, sweet potato biscuits, homemade pimento cheese, to much more, call **Grits Grill** and kick back, relax, and enjoy!

SUNDAY LUNCH

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Every Sunday starting at 11:00 am until we are sold out... Grandma's in the house ~ it doesn't get any more southern than lunch at Grits Grill. We switch up the menu from week to week and offer you a selection of items that may include some of our favorites: Fried Chicken, Ham & Cabbage, Pot Roast and/or Meatloaf. Come enjoy our hospitality!

★ ★ ★ BEVERAGES

FOUNTAIN SODAS

(coke, diet coke, sprite, root beer, lemonade)

ICED TEA

MILK

* Consumer advisory - consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. *

HOT CHOCOLATE

COFFEE (regular or decaf)

JUICE

small or large (orange, apple, grapefruit, tomato)

NO GRITS NO GLORY ★ ★ ★ ★

Grits Grill



M E N U
A Great Place To Meet & Eat!

OUTER BANKS MALL, NORTH WING
NAGS HEAD, NORTH CAROLINA
252-449-2888



★ ★ ★ GRITS SIMPLY SOUTHERN

WHAT ARE GRITS?

Grits are tiny, broken grains of corn, first produced by Native Americans centuries ago. There are two basic types, "corn grits" and "hominy grits". Corn grits are made from dried milled corn kernels. Hominy grits are made by soaking corn in lye water for several days, then dried.

BREAKFAST SERVED ANYTIME!

TRY OUR GOURMET GRITS!

add one or all of the following to your grits **cheddar cheese, bacon or sausage** 1.49 each

✳ **COUNTRY HAM PLATTER** two eggs, any style served with a generous slice of WAYCO center cut, country ham, hashbrowns or grits with your choice of toast or biscuit 13.99

✳ **CREAMED CHIPPED BEEF** thinly shaved beef in a hearty white sauce, served over toast or biscuits with your choice of hashbrowns or grits 10.99

✳ **TWO EGGS PLUS** two eggs, hashbrowns or grits with your choice of toast or biscuit 6.99 **with bacon or sausage** 8.99

✳ **GRITS GRILL WRAP** scrambled eggs, cheddar cheese and hashbrowns rolled in a warm tortilla 7.29 **add bacon or sausage** 1.49 each

✳ **COUNTRY SAUSAGE GRAVY** our delicious country sausage gravy served over toast or biscuits with your choice of hashbrowns or grits 8.59

✳ **KISS OUR GRITS** two eggs, any style, two fluffy hot cakes, hashbrowns or grits with your choice of bacon or sausage 9.99

✳ **FRESH FRUIT PLATE** (in season) a medley of seasonal fresh fruits ~ for breakfast or anytime of the day 6.99

✳ **EGG CROISSANT SANDWICH** served on a fresh flaky croissant 4.39 **add cheese, sausage or bacon** 1.49 each

✳ **EGG BISCUIT** served on a fresh baked biscuit 3.79 **add cheese, sausage or bacon** 1.49 each

✳ **FRENCH TOAST** three slices of Texas toast dipped in a fresh cinnamon egg batter, grilled golden and dusted with powdered sugar 6.99 **add bacon or sausage** 2.29

✳ **SHRIMP & GRITS** our famous grits topped with bacon, green onion, sausage peppered gravy and sautéed shrimp, with your choice of toast or biscuit 11.99

✳ **HOTCAKES** who can resist our fluffy buttermilk pancakes served with syrup and butter short stack (2) 3.99 full stack (3) 5.99 **add blueberries, pecans or chocolate chips** 1.99 **add bacon or sausage** 2.29

✳ **BELGIAN WAFFLE OR FRENCH TOAST PLATTER** homemade waffle or two slices of Texas toast dipped in fresh cinnamon egg batter with two eggs, any style, and two pieces of bacon or sausage 9.79 **add blueberries, pecans or chocolate chips** 1.99

✳ **STEAK & EGGS** seven ounce ribeye steak grilled 'till juicy and tender, served with two eggs, any style, hashbrowns or grits with your choice of toast or biscuit (MKT Price)

SPECIALTY OMELETTES ★ ★ ★

Served with hashbrowns or grits and your choice of toast or biscuit (no modifications please ~ don't see what you want... then create your own omelette listed below) substitute an egg white omelette for 1.99

✳ **SPANISH OMELETTE** sausage, tomatoes, green peppers, onions, and salsa 10.99

✳ **SEAFOOD OMELETTE** succulent, juicy shrimp, crabmeat and melted Swiss cheese 16.99

✳ **GREEK OMELETTE** spinach, tomato, and feta cheese 10.99

✳ **WESTERN OMELETTE** ham, green peppers, onions, mushrooms and melted cheddar cheese 11.99

CREATE YOUR OWN OMELETTE

we start you off with a three egg plain omelette 6.99 add any of your favorites listed below

Add Any Item 1.49 each

ham tomatoes spinach mushrooms
onions jalapeños salsa green peppers

cheese (Swiss, American, cheddar or provolone), sausage or bacon 1.49 each

★ ★ ★ BREAKFAST SIDES

✳ **ONE FRENCH TOAST** 2.49 **SCRAPPLE** 5.99

✳ **COUNTRY HAM** 5.99 **CORNED BEEF HASH** 5.99

✳ **CROISSANT** 2.79 **ENGLISH MUFFIN** 2.19

✳ **HASHBROWNS OR GRITS** 2.29 **TOASTED BAGEL** (w/cream cheese) 2.59

✳ **ONE HOT CAKE** 2.59 **SAUSAGE GRAVY** 3.99

✳ **BACON OR SAUSAGE** 2.99 **CHIPPED BEEF** 4.99

✳ **TOAST** 1.99 **ONE EGG** 1.59

✳ **FRESH BAKED BISCUIT** 2.19 **SLICED TOMATO** (three) 2.09

✳ **Consumer advisory - consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.** ✳

★ ★ ★ SPECIALTY SANDWICHES

Our sandwiches are served on choice of bread with lettuce, tomato, and your choice of chips, hashbrowns, or grits substitute crinkle cut fries for 1.79 or onion rings for 2.59. All burgers are served with crinkle cut fries

OUR HOMEMADE CHICKEN SALAD

fresh house made chicken salad with lettuce and tomato on your choice of white, wheat, or light rye bread 8.99

✳ **GRILLED CHICKEN BREAST** marinated, juicy chicken breast fillet on a grilled bun 9.99

✳ **CHICKEN CAESAR WRAP** grilled chicken with leaf lettuce, parmesan cheese and Caesar dressing wrapped in a fresh flour tortilla 9.99

✳ **SOUP & CRABCAKE SANDWICH** delicious Hatteras style clam chowder paired with Retta's homemade crabcake on a soft bun ~ always good because it is always made fresh 16.99

✳ **THE GRITS GRILL CLUB** three slices of toasted white bread with mayo, layered with lean ham, crisp bacon, lettuce, tomato, Swiss and American cheese 11.99

✳ **B.L.T.** crisp bacon, lettuce, tomato and mayo on your choice of toasted bread 8.99

✳ **HOT DOG** an all American favorite 4.99 with sauerkraut 5.29 **Chili Cheese Dog** 5.99

✳ **REUBEN** corned beef, sauerkraut, melted Swiss cheese and Thousand Island dressing on grilled light rye bread 10.99

✳ **MONTE CRISTO** lean ham, turkey and Swiss cheese on thick sliced Texas toast, dipped in our French toast batter, grilled golden and dusted with powdered sugar 11.99

✳ **PHILLY CHEESE STEAK** tender beef steak with sautéed onions, green peppers and melted provolone cheese on a grilled hoagie bun 10.99

✳ **CRABCAKE SANDWICH** Retta's homemade crabcake, fried to perfection... these are the best, served with lettuce and tomato on a soft bun 14.99

✳ **EASTERN CAROLINA BBQ** tender and lean pork, served with coleslaw 8.99

✳ **BEACH BURGER** six ounce, fresh ground chuck burger grilled 'til juicy 10.99 **add Swiss, American, cheddar or provolone cheese** 1.49 **add bacon or chili** to your burger for 1.49 each

✳ **NAGS HEAD BURGER** six ounce ground chuck burger topped with sautéed mushrooms and melted Swiss cheese 11.99