



FREE Triple P Positive Parenting Program

Parents all over the world struggle with many of the same issues. Triple P Positive Parenting Program has a series of sessions available to help families tackle the most common concerns.

Parenting Course for Parents of Children in Elementary and Middle School

Tuesdays, 5:30pm-7:30pm

October 1– November 19, 2019

Triple P takes the guesswork out of parenting. Over 8 weeks, you'll get lots of great parenting ideas to meet the challenges of raising kids today. You choose the strategies that fit your family's needs. The course is geared towards parents with concerns about their child's behavior or who wish to learn a variety of parenting skills that will promote their child's development and potential.

As part of the course we will offer the Triple P Pathways program, providing specialized support and strategies to manage your own frustration and your child's behavior. You will receive lots of support as you try out your new skills.

Location: Outer Banks Family YMCA

Facilitators: Shirley Parker & Rosie Rankin

Childcare available for children up to 8 years of age, YMCA izone available for older children.

For more information or to register, contact Children & Youth Partnership for Dare County at 441-0614

Space is limited– register now!

- ◆ *Raise happy, confident kids*
- ◆ *Manage misbehavior so everyone in the family enjoys life more*
- ◆ *Set rules and routines that everyone respects and follows*
- ◆ *Encourage behavior you like*
- ◆ *Take care of yourself as a parent*
- ◆ *Feel confident you're doing the right thing*

