





STARTERS

- SANDERLING BLUE CRAB CHOWDER smoked bacon and potato 6/9
- MIXED BABY LETTUCE  CS grilled peaches, cashews, goat cheese, white balsamic vinaigrette 8
- HOUSE CAESAR shaved parmesan, garlic croutons, white anchovies 9
- FRIED CALAMARI garlic, parsley, herbs, lemon aioli 12
- LUMP CRAB CAKE CS micro salad, lemon caper vinaigrette 16
- STEAMED MUSSELS garlic, bacon, tomatoes, white wine, grilled baguette 11
- HEIRLOOM TOMATO & BURATTA  arugula, evoo, sea salt 12
- NC OYSTER CASSEROLE CS lemon brown butter, herbs 14
- CAROLINA CRAB & ARTICHOKE DIP CS warm pretzel bread 14


MAINS

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| SPRINGER MOUNTAIN FARMS
BUTTERMILK FRIED CHICKEN CS 24
house mac & cheese, haricot verte | CRAB STUFFED FLOUNDER CS 32
creamy risotto, tomato charone |
| CIDER GRILLED DUROC PORK CHOP CS 28
polenta cake, bourbon glazed peaches | SEARED SEA SCALLOPS CS 30
sweet potato chips, creamed carolina succotash |
| PAN SEARED DUCK BREAST CS 30
muscadine marmalade, wilted greens, wild rice cake | GRILLED LOCAL TUNA CS 29
red quinoa, arugula, asparagus salad,
white soy miso glaze |
| CAVATAPPI PASTA 22
tomatoes, basil pesto, lemon ricotta | SHRIMP & GRITS CS 28
anson mills grits, sea island pea bourbon gravy |
| STEAK & FRITES 32
flat iron steak, housemade steak sauce, truffle oil | GRILLED GULF STREAM MAHI CS 29
carolina gold rice, green tomato and cucumber salsa |
| SANDERLING SURF & TURF
FILET, SHRIMP, CRAB FRITTER 41
fingerling potatoes, asparagus, béarnaise | |

SIDES

ASPARAGUS - HERICOT VERTE - DUCK FRIES
MAC & CHEESE - CREAMED SUCCOTASH - WILTED GREENS
QUINOA SALAD - FINGERLING POTATOES - GRITS

~ 7 ~

 Indicates Gluten Free Menu Items. Other Items can be easily modified to be Gluten Free.
*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

Our Lifesaving Station Restaurant is the location of the former Caffey's Inlet U.S. Lifesaving Station #5.

It is one of the original seven stations built along North Carolina's treacherous coast when the Lifesaving Service was founded in 1874. The mission of the U.S. Life Saving Service was the systematic saving of shipwreck victims, their cargos and the ship, in that order. In 1915, the Lifesaving Service joined the Cutter Revenue Service to form the modern U.S. Coast Guard.

CS - "CAROLINA SUSTAINABLE" WE PROUDLY PREPARE THESE PRODUCTS IN WAYS THAT CELEBRATE THE **SUSTAINABLE, ORGANIC, ARTISANAL & LOCAL** APPROACH OF OUR SOUTHERN & AMERICAN PRODUCERS WHO ARE DEDICATED TO SUSTAINING THE CULTURES AND ENVIRONMENTS THAT EMBODY THE PLACES THEY CALL HOME. THAT LETS YOU KNOW YOU ARE IN OUR BEAUTIFUL NORTH CAROLINA. WELCOME TO OUR HOME!